

MEASURE  
ACROSS  
KNUCKLES

M

3" - 3.5"

L

3.5" - 4"

XL

4" - 4.5"

2XL

4.5" - 5"

3XL

5.5" - 6"

4XL

6.5" - 7"

MEASURE ACROSS KNUCKLES

PLACE BOTTOM OF YOUR HAND HERE